



In Oxford We Do It With Hormones Let's Do It Together

M.A. Saeed and J.A.H. Wass

Endocrinology Department, Oxford Centre for Diabetes, Endocrinology and Metabolism, Churchill Hospital, Oxford, OX3 7LJ, UK

Introduction

- Endocrinologists do it with hormones, but at Oxford we don't just do it with hormones, we also do it with passion.
- What makes Endocrinology interesting is that it has multi-system effects and requires a multidisciplinary team approach.
- The Oxford Centre for Diabetes, Endocrinology and Metabolism (OCDEM) stands out in the world of Endocrinology and Diabetes owing to its excellent clinical care and outstanding research achievements.



Undergraduates

- Undergraduate students get to see all the exciting endocrine cases they read about in their textbooks (Figs 1–5). By the end of their placements with us, they are a happy bunch!

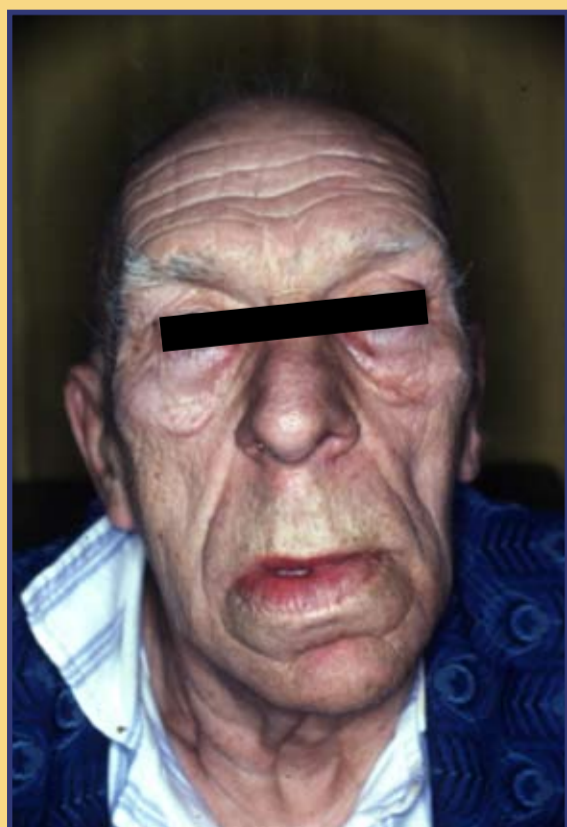


Figure 1: Acromegaly (excess growth hormone production)



Figure 2: Hypothyroidism (deficiency of thyroid hormone production)

Postgraduate Trainees

- OCDEM offers excellent postgraduate training opportunities in Endocrinology.
- Career Training (CT) doctors gain unrivalled experience in managing both inpatients and day cases for dynamic endocrine tests.
- They build on presentational skills through our weekly multi-disciplinary team (MDT) meeting.
- CT doctors are also encouraged to do research and to present at the national Endocrine meeting and free placements can be obtained.



Figure 3: Goitre (enlarged thyroid gland) and Exophthalmos (protruding eyes) in Grave's disease (overactive thyroid gland)



Figure 4: Cushing's syndrome (excess steroid hormone production)

- The Oxford Endocrinology and Diabetes Specialist Training (ST) rotation is the most popular one in the country.
- ST doctors gain advanced training in inpatient and outpatient endocrine cases and see patients in a huge variety of speciality clinics.
- They lead presentations at MDT meetings and gain confidence in presentational skills, and work closely with excellent neurosurgery, endocrine surgery and radiology teams.
- They are geared towards research, publications and there are excellent opportunities to present nationally and internationally.

Research Opportunities

- OCDEM offers state-of-the-art equipment to carry out research projects.
- Research fellows get to work with world-renowned Research Teams.
- We have numerous publications from our Department in high impact journals.
- Our research fellows regularly present both nationally and internationally and frequently win prizes.



Figure 5: Addison's disease (deficiency of steroid hormone production)

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